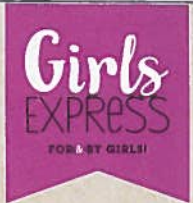


# SHINING STAR



*You can shine, too!*  
Think twice before asking for a plastic straw. By not using a straw, you can help reduce plastic pollution.



After 11-year-old Sophia watched a video about the harm to sea turtles caused by pollution from plastic straws, she got fired up. Her mission? To help clean up plastic pollution in our oceans and inspire other kids to join the battle. "Kids have a voice and can make a big difference," she says.

Last summer, she and her friend Liam attended a camp in New Orleans for young "ocean heroes." Those are kids working to protect the ocean and educate others about the problem of pollution. Before they went, Sophia and

Liam raised money so more kids could attend the camp. They held an eco-dance party and raised about \$5,000. Sophia hopes to raise even more money for next year.

She's also planning a TV show in which she'd travel the world to meet other ocean heroes and spread the word about their work. "We don't want our world to be a world of plastic," she says. "We want it to be a world of green." Her advice for how kids can help? Learn all you can about plastic pollution in the ocean and use less plastic!



## We ♥ Cinnamon Rolls

Make a sweet treat with store-bought refrigerated cinnamon rolls.



1. Carefully unwind a roll halfway.



2. Roll the flat end into a spiral to match the rolled end.



3. Bring the two ends together, and pinch the bottom into a point.



4. Repeat for all the rolls.



5. Place the rolls in a pan and ask an adult to bake according to the



6. After the rolls have cooled, ice and decorate them with colorful sprinkles.